

## PSHE and Citizenship Education Policy

### 1 Introduction

- 1.1 Personal, social, health and economic education (PSHE) enables children to become healthy, independent and responsible members of society. Within Urchfont CE Primary School, children are encouraged to play a positive role in contributing to the life of the school and the wider community. Through this role, children develop their sense of self-worth. Planning includes units linked to sex and relationship education, drug education, finances, community living, anti-bullying and protective behaviours. Planning also includes units about rights and responsibilities and learn to appreciate what it means to be a positive member of a diverse multicultural society understanding British Values.
- 1.2 PSHE has remained non-statutory in the current National Curriculum (2015). PSHE allows for opportunities to develop children's spiritual, moral, social and cultural development, known as SMSC.
- 1.3 As part of Citizenship Education it is now a requirement to embed 'British Values' in to every subject within the National Curriculum, as stated in November 2014 by the DfE. The aim of this is for pupils to become aware of what the British Values are and teach them to become accepting, respecting and tolerating young people. This will be particularly emphasised during PSHE lessons.
- 1.4 The teaching of PSHE occurs on a weekly basis and is over lapped in to other subjects in the National Curriculum.  
This policy links closely with school polices on:
  - Drugs Education
  - Sex and Relationships Education
  - Science
  - Collective Worship
  - Behaviour
  - Anti - Bullying
  - Equal Opportunities

### 2. What is PSHE?

- 2.1 PSHE encompasses all areas designed to promote children's personal, social and health development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, make the most of their own abilities and those of others. It is very closely linked with Social, Moral, Spiritual and Cultural aspects of education and encompasses our work within Citizenship, S.E.A.L. and the promotion of being a 'Healthy School'.

### **3. What is Citizenship education?**

- 3.1 Citizenship Education is vital because it allows pupils the opportunity to build character, explore the British Values and develop key skills such as communicating effectively and using their initiative.
- 3.2 The British Values include –
- Value of Democracy – giving pupils a ‘voice’ but ensuring that they value and respect other people’s views and opinions.
  - Rules and Laws – realising the value and understanding the reasons behind laws and the consequences when laws are broken.
  - Individual Liberty – promoting the freedom of choice and the right to respect views and beliefs of others.
  - Mutual respect and tolerance – highlighting that society is made up of different cultures, religions and beliefs. Aid children in to understanding that we need to be respectful of everyone.
- 3.3 These should be taught to prepare children to play an active role as members of a democratic society, to develop independence and responsibility, and to make informed choices about their own lifestyles.

### **4. Aims of PSHE and Citizenship Education at Urchfont CE Primary School**

- 4.1 We want our children to develop self- awareness, positive self-esteem and confidence, enabling them to:
- stay as healthy as possible
  - keep themselves and others safe
  - have worthwhile and fulfilling relationships
  - respect the differences between people
  - develop independence and responsibility
  - play an active role as members of a democratic society
  - make the most of their own abilities and those of others
  - behave in a socially and morally acceptable way including towards authority and each other
  - to become involved in the life of their community
  - to know about democracy and how to be an active citizens
  - to know about economic wellbeing.
- 4.2 We want our children to: -
- value the achievements they make, and the achievements of others
  - make informed choices about dealing with risks and meeting challenges now and in the future.
  - decide on values by which they want to live their lives.
  - Understand the ‘British Values’.
- 4.3 Our school curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives.

### **5. PSHE and Citizenship content**

- 5.1 As a school we use a commercial scheme called “Jigsaw” and related materials for each year group with planning adapted to meet the needs of the children in those year groups, including those with SEND.

- 5.2 Aspects of PSHE and Citizenship will also be covered within other subject teaching and in special days and weeks.
- 5.3 In the Early Years Foundation Stage, PSHE is taught as an integral part of the curriculum covered during the year and is related to the objectives set out in the EYFS guidelines. A further understanding is supported throughout FS2 through "how to develop a child's understanding and understanding of the world."

## **6. Delivery of Curriculum**

- 6.1 A range of teaching strategies will be used as appropriate. These will include:-
- Circle time,
  - Role-play, discussion – whole class, small group, 1:1,
  - Visitors e.g. PC, Fire Brigade,
  - School Health Advisor etc., stories e.g. exploring behaviour of characters, creative activities
  - Pupil initiated activities.
- 6.2 There are weekly timetabled lessons in KS1 and KS2, and specific events and activities, as well as through other subjects. There will also be opportunities during collective worship e.g. stories and discussion, Celebration Assembly. The whole school ethos promotes our work in PSHE and Citizenship.
- 6.3 In the Early Years Foundation Stage, it is taught throughout the whole curriculum and in circle time sessions.
- 6.4 Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson.

## **7. Cross Curricular links**

- 7.1 Links are made with PSHE and Citizenship in other curriculum areas as appropriate e.g. R.E., P.E., science, geography and in themed planning. Also, in whole school events such as; Anti-bullying Week, Eco week and Sports Week.

## **8. Assessment and recording**

- 8.1 Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups.
- 8.2 Children may record their understanding and be shown in their own individual books or class large books.
- 8.2 Children will be rewarded in line with school policy e.g. merits and stickers

## **9. Monitoring and Evaluation**

- 9.1 Planning and samples of work, including photographs and questioning of children, will be collected by the class teacher and monitored by the PSHE subject leader
- 9.2 Early Years Foundation Stage pupils will be assessed in line with the EYFS Profile.
- 9.3 The Head Teacher and Assistant Headteacher have responsibility for pupil welfare. The Headteacher is also the PSHE Co-ordinator which helps to ensure that pupil welfare and PSHE aims are being met. The school has an action plan and will carry out self-review of those targets.

## **10 Equal Opportunities**

10.1 Provision for PSHE and Citizenship is in line with all of our policies. All children have equal access to the PSHE and Citizenship curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources etc. are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes, and are monitored annually to ensure that sensitivity.

## **11. Parental and Community Involvement**

- 11.1 Parents are invited to join in events in school, such as class assemblies. Parents are regularly informed of events and developments on the weekly `Peek of the Week`.
- 11.2 We work closely with the local church, and have strong links with the vicar and Church community.
- 11.3 We involve outside agencies e.g. School Health Advisors, School Police liaison officer, dental health advisors etc. as much as possible to deliver aspects of the curriculum.
- 11.4 This school believes that partnership with parents and the community enables us to receive specialist support and information to plan the best possible PSHE and Citizenship curriculum for our children.

This policy will be reviewed in July 2024